



## Exciting new changes to our Healthy Rewards Program!

As a member, you get a wide range of exclusive healthy rewards! Our Healthy Rewards Program has some exciting new changes. Here's a sneak peak of just a few:

- Request your portable crib/playpen anytime during the third trimester of your pregnancy.
- \$100 reward card if you complete six Well-Child Checkups by 15 months. An additional \$50 reward card if you complete two checkups between 15 to 30 months.
- \$25 reward card when you get a flu vaccine during your pregnancy.
- \$50 reward card when new members complete the Screening and Assessment Instrument (SAI) within 90 days of enrollment. Available for STAR Kids Members only.

We are very excited for you to take advantage of all extra benefits from our Healthy Rewards Program.

*\*Restrictions and limitations may apply and may vary by plan, including but not limited to age, gender and covered benefits by program. Extra benefits valid during the eligible year (September 1, 2024 to August 31, 2025). Visit [healthyrewardsprogram.org](https://healthyrewardsprogram.org) for more details.*

[Learn more](#)



### Be sure to renew Medicaid—or it could be costly!

As we all know, life can be unpredictable. When an emergency happens, having Medicaid coverage will make sure your children can get the care they need. However, if you do not renew (or lose) Medicaid your health care costs can greatly increase.

We want to make sure you are prepared! [Follow these steps](#) to avoid losing your coverage:

Go to [YourTexasBenefits.com](https://YourTexasBenefits.com) or call 2-1-1, Option 2, to update your contact information.

Make sure you have a copy of your child's social security number, proof of your family income within the last 30 days, and your child's U.S. Birth Certificate or proof of their legal residency status.

Submit your renewal packet:

- Phone: 2-1-1, Option 2
- Online: [YourTexasBenefits.com](https://YourTexasBenefits.com)
- Mail: Texas Health and Human Services Commission  
PO Box 149024  
Austin, TX 78714-9968

If you have any questions or need help with the renewal process, visit our website at [texaschildrenshealthplan.org/renew](https://texaschildrenshealthplan.org/renew).



### Take charge of your mental health!

Did you know that mental illness affects millions of people in the U.S. each year, including children and teens?

Mental wellness can upset our thoughts, feelings, and actions, and it can make day-to-day activities more difficult.

**If you or your child are struggling with mental illness, we encourage you to join our Behavioral Health Case Management program.** Our dedicated service coordinators will work with members, parents, doctors, and medical staff to give you the services you need to treat and protect your mental health.

For Behavioral Health Case Management services and/or enrollment, please call [832-828-1430](tel:832-828-1430).

If you or your child has an emergency and needs mental health or substance use treatment immediately, go to the nearest emergency room or call the **24/7 Behavioral Health/Substance Abuse Hotline: 1-800-731-8529** (STAR/STAR Kids) or [1-800-731-8528](tel:1-800-731-8528) (CHIP).

## Helpful Updates

Texas Children's Health Plan is committed to our member's experience. That's why we've made it easier for members to reach the right provider search tool to find the doctor that fits best for you and your child's healthcare needs.

[Learn more](#)

## Upcoming Events:

Texas Children's Health Plan hosts many fun, FREE events! Visit [www.texaschildrenshealthplan.org/events](https://www.texaschildrenshealthplan.org/events) to see what is coming up next. See you there!

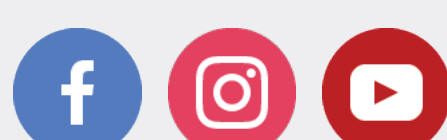
## Helpful Links

- [Find a doctor near you](#)
- [Get medical advice 24/7 with our Nurse Help Line](#)
- [Have a question? Call us!](#)
- [Get a ride to the doctor's office or drug store](#)
- [Community resources](#)
- [Join a Member Advisory Group](#)
- Member Handbooks
  - [CHIP](#)
  - [STAR](#)
  - [STAR Kids](#)

## Get in Touch!

What do you think of this newsletter? Have a topic you'd like to hear more about? Let us know by taking a short survey!

[Take Survey Here](#)



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